




JULY 2021



Cape Albeon Village Vital Life Enrichment Calendar

*Activities are subject to change

SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>Week 2 Menu CONTINUES</u></p> <p>Vital Active Connected Vitality Spiritual Vitality Vital Entertainment</p> <p>Nature Vitality Social Vitality Vital Creativity</p>	<p>BOOKMOBILE VISITS ON WEDNESDAY July 7 July 21 10:00 A.M. VILLAGE LIVING ROOM</p>	<p>Activity Locations:</p> <p>(C) Chapel (CC) Dining Room (CR) Chesapeake Room (L) Living Room (Li) Library (N) Nurses' Station (P) Patio (PDR) Private Dining Room</p>	<p>1 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 2:00 100TH B-DAY PARTY For Jennell Murray (L) 3:00 Manicure Nails (CR) 6:00 Bingo (L)</p>	<p>2 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Price is Right (CR) 2:00 Movie, Popcorn & Soda (L) 3:30 Any Card Game (CR)</p>	<p>3 9:30 Reminisce (L) 10:30 Tone Up! (L) 2:00 July 4 Celebration (L) 3:00 Kings in the Corner (CR)</p>	
<p>4 Week 3 Menu 9:00 Catholic Communion 1:00 Jackpot Bingo (L) 3:00 SNACKS (N)</p> 	<p>5 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 Quirkle (CR) 1:00 Catholic Rosary (TV RM) 2:00 Cook Me Up (CR) 3:30 Hot Potato (L)</p>	<p>6 9:30 News Review (L) 10:00 Coffee, Tea and Me (L) 1:30 Scenic Drive & Andy's Ice Cream 2:00 Puzzles (CR) 3:30 Let's Paint (CR) 6:00 Bingo (L)</p>	<p>7 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 2:00 Social Hour (L) 3:30 Village Band (L) 6:00 Movie (L)</p> <p>BOOKMOBILE VISITS 10:00 A.M.</p>	<p>8 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Bowling (L) 6:00 Bingo (L)</p>	<p>9 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Washers (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Residents' Choice (CR)</p>	<p>10 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>11 Week 4 Menu 9:00 Catholic Communion 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>12 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 Word Define (CR) 1:00 Catholic Rosary (TV RM) 2:00 Cook Me Up (CR) 3:30 Joke of the Day (L)</p>	<p>13 9:30 News Review (L) 10:00 Coffee, Tea and Me (L) 1:30 Scenic Drive 2:00 Puzzles (CR) 3:30 Let's Paint (CR) 6:00 Bingo (L)</p>	<p>14 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 2:00 Ice Cream Social (L) 3:30 Village Band (L) 6:00 Movie (L)</p> <p>BOOKMOBILE VISITS 10:00 A.M.</p>	<p>15 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Tic Tac Toe Floor Game (L) 6:00 Bingo (L)</p>	<p>16 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Banagrams (CR) 2:00 Movie, Popcorn & Soda (L) 3:30 Any Card Game (CR)</p>	<p>17 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>18 Week 1 Menu 9:00 Catholic Communion 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>19 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 Feelings (CR) 1:00 Catholic Rosary (TV RM) 2:00 Cook Me Up (CR) 3:30 Balloon Volleyball (L)</p>	<p>20 9:30 News Review (L) 10:00 Coffee, Tea and Me (L) 11:30 Just Men's Lunch (PDR) 1:30 Scenic Drive 2:00 Puzzles (CR) 3:30 Craft Time (CR) 6:00 Bingo (L)</p>	<p>21 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 2:00 Social Hour (L) 3:30 Village Band (L) 6:00 Movie (L)</p> <p>BOOKMOBILE VISITS 10:00 A.M.</p>	<p>22 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Bowling (L) 6:00 Bingo (L)</p>	<p>23 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Bull's Eye (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Residents' Choice (CR)</p>	<p>24 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>25 Week 2 Menu 9:00 Catholic Communion 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>26 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 Mexican Train (CR) 1:00 Catholic Rosary (TV RM) 2:00 Cook Me Up (CR) 3:30 Hangman (L)</p>	<p>27 9:30 News Review (L) 10:00 Residents' Coffee & Donuts (L) 1:30 Scenic Drive 2:00 Puzzles (CR) 3:30 Let's Paint (CR) 6:00 Bingo (L)</p>	<p>28 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 2:00 Social Hour (L) 3:30 Village Band (L) 6:00 Movie (L)</p>	<p>29 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Can Throw (L) 6:00 Bingo (L)</p>	<p>30 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Pictionary (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Any Card Game (CR)</p>	<p>31 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>