



JANUARY 2021



Cape Albeon Village Vital Life Enrichment Calendar

*Activities are subject to change

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1 <u>Week 4 Menu</u></p> <p>BOOKMOBILE VISITS ON WEDNESDAY JANUARY 6 & JANUARY 20 10:00 A.M. VILLAGE LIVING ROOM</p>	<p>Vital Active Nature Vitality </p> <p>Connected Vitality Social Vitality </p> <p>Spiritual Vitality Viital Creativity </p> <p>Vital Entertainment </p>	<p>Activity Locations:</p> <p>(C) Chapel (CC) Dining Room (CR) Chesapeake Room (L) Living Room (Li) Library (N) Nurses' Station (P) Patio (PDR) Private Dining Room</p>			<p>1 New Year Day</p> <p> 10:30 Bingo (L) 2:00 Movie, Popcorn & Soda (L)</p>	<p>2</p> <p> 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>3 <u>Week 1 Menu</u></p> <p> 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>4</p> <p> 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 New Year Resolutions (L) 2:00 Cook Me Up (CR) 3:30 Scrabble (CR)</p>	<p>5</p> <p> 9:30 News Review (L) 10:00 Coffee, Tea and Me (L) 2:00 Puzzles (CR) 3:30 Balloon Volleyball (L) 6:00 Bingo (L)</p>	<p>6</p> <p> 9:30 Morning Walk (L) 10:00 Bookmobile Visits (L) 10:00 Ecumenical Worship Service (L) 2:00 Social Hour (L) 3:30 What's Next? (L) 6:00 Movie (L)</p>	<p>7</p> <p> 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Ring Toss (L) 6:00 Bingo (L)</p>	<p>8</p> <p> 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Hot Potato (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Residents' Choice (CR)</p>	<p>9</p> <p> 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>10 <u>Week 2 Menu</u></p> <p> 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>11</p> <p> 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 UNO (CR) 2:00 Cook Me Up (CR) 3:30 Hangman (L)</p>	<p>12</p> <p> 9:30 News Review (L) 10:00 Coffee, Tea and Me (L) 2:00 Puzzles (CR) 3:30 Let's Paint (CR) 6:00 Bingo (L)</p>	<p>13</p> <p> 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 2:00 Social Hour (L) 3:30 Rhyme It (L) 6:00 Movie (L)</p>	<p>14</p> <p> 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Bowling (L) 6:00 Bingo (L)</p>	<p>15</p> <p> 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Toss Across (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Any Card Game (CR)</p>	<p>16</p> <p> 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>17 <u>Week 3 Menu</u></p> <p> 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>18</p> <p> 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 Farkle (CR) 2:00 Cook Me Up (CR) 3:30 Flip It (CR)</p>	<p>19</p> <p> 9:30 News Review (L) 10:00 Coffee, Tea and Me (L) 2:00 Puzzles (CR) 3:30 Kickball (L) 6:00 Bingo (L)</p>	<p>20</p> <p> 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 10:00 Bookmobile Visits (L) 2:00 Social Hour (L) 3:30 T.V. Trivia (L) 6:00 Movie (L)</p>	<p>21</p> <p> 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Bull's Eye (L) 6:00 Bingo (L)</p>	<p>22</p> <p> 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Rob Your Neighbor (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Any Card Game (CR)</p>	<p>23</p> <p> 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>
<p>24 <u>Week 4 Menu</u></p> <p> 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p> <p>31 <u>Week 1 Menu</u></p> <p> 1:00 Any Card Game (CR) 1:30 Rummikub (CR) 3:00 SNACKS (N) 3:30 Jackpot Bingo (L)</p>	<p>25</p> <p> 9:30 Morning Walk (L) 10:30 Sit & Be Fit (L) 1:00 Password (L) 2:00 Cook Me Up (CR) 3:30 Pictionary (L)</p>	<p>26</p> <p> 9:30 News Review (L) 10:00 Residents' Coffee & Donuts (L) 2:00 Puzzles (CR) 3:30 Craft Time (CR) 6:00 Bingo (L)</p>	<p>27</p> <p> 9:30 Morning Walk (L) 10:00 Ecumenical Worship Service (L) 2:00 Social Hour (L) 3:30 Planes, Trains & Autos (L) 6:00 Movie (L)</p>	<p>28</p> <p> 9:00 Coffee Klatch (L) 10:30 Fusion Exercise (L) 1:00 Manicure Nails (CR) 2:00 Word Search (L) 3:00 Washers (L) 6:00 Bingo (L)</p>	<p>29</p> <p> 9:30 Morning Walk (L) 10:30 Bingo (L) 1:00 Dartball (L) 2:00 Movie, Popcorn & Soda (L) 3:30 Any Card Game (CR)</p>	<p>30</p> <p> 9:30 Reminisce (L) 10:30 Tone Up! (L) 1:30 Dominoes (CR) 3:00 Kings in the Corner (CR)</p>